

Advanced Enneagram Class with Sandra Maitri for Students in the Ridhwan School

For the man who is able to make use of it, the enneagram makes books and libraries entirely unnecessary. Everything can be included and read in the enneagram. A man may be quite alone in the desert and he can trace the enneagram in the sand and in it read the eternal laws of the universe. And every time he can learn something new, something he did not know before...

—G.I. Gurdjieff quoted in P.D. Ouspensky's *In Search of the Miraculous*

from Sandra—

I was approached about starting an on-going advanced enneagram class here in the Bay Area for members of the Ridhwan School, and want to do that. I would like to pass on to all those interested the understanding I have gained in working with this map for almost four decades, as well as supporting an atmosphere in which new revelations can continue to arise. The format in which I originally learned the enneagram was through receiving the teaching and then spending a great deal of time with my fellow-travelers personally exploring the territory outlined by the map. This is the context that I think leads to really knowing the enneagram—one of deep personal exploration and inquiry. New questions can be asked, new ways of thinking opened up within. This is what I would like this class to be.

The class' focus will be on a full immersion in the logos of the enneagram, enabling one to know the material contained in the map directly rather than simply conceptually. We will work with the Enneagram of Personality—the map of the nine enneatypes—as well as with the higher enneagrams, which chart the territory we move into as we work through our ego structure. Topics will include understanding experientially how the loss of each Holy Idea leads to the qualities and orientations of each enneatype, and from there understanding the “soul logic” that gives rise to the passions and the other patterns of each type; the heart point and the soul child; and the instinctual subtypes. There are many other subsidiary enneagrams, which we will explore as long as there is interest in doing so. We will cover the material through talks, personal and group explorations, and discussions.

The class will meet at the new Ridhwan Center for three hours approximately one Friday a month. Dates for 2009 are: 4/24, 5/22, 6/26, 7/24, 9/18, 11/6, and 12/4. Cost: \$40 per class. All sessions will be recorded, and students will be expected to both keep current with the material and pay for missed classes as this is an on-going series.

Sandra Maitri is the author of *The Spiritual Dimension of the Enneagram: Nine Faces of the Soul*, and of *The Enneagram of Passions and Virtues: Finding Our Way Home*, both published by Tarcher/Penguin. Along with Hameed Ali, who developed the Diamond Approach® to Inner Realization, she was one of the first students of Claudio Naranjo, the Chilean psychiatrist who further developed and articulated the nine types in Western psychological terms following his work with Oscar Ichazo. Sandra has studied and taught the enneagram for 39 years. She is one of the principal teachers of the Diamond Approach, a member of its leadership council, and teaches locally and in the United Kingdom.

To register, contact Debra Bronstein at 510-464-1988 or email debrabronstein@gmail.com