

Ridhwan United Kingdom

Announcing the Third On-going Diamond Approach Group

This return to our fundamental nature, to the essence of who we are, is what the Diamond Approach addresses. It is a spiritual path that grew out of and in response to the needs of those leading ordinary lives in our current Western culture. Based on the work of A.H. Almaas, it bridges the traditional dichotomies of the psychological and the spiritual, the body and the soul, and the sublime and the mundane. Its methodology includes the practice of presence and open-ended inquiry into our moment-to-moment experience oriented by a love for the truth. This orientation to our experience, opens our awareness giving us access to dimensions of reality that have traditionally been available only to the few.

RETREAT DATES:

September 13 – 20, 2009

June 6 – 13, 2010

TEACHERS:

Sandra Maitri is one of the principal teachers of the Ridhwan School and a member of its leadership council.

Joyce Lyke is one of the primary and supervising teachers of the Diamond Approach.

Tejo Jourdan is an ordained teacher of the Diamond Approach.

- Sandra and Tejo will teach in the autumn.
- Joyce and Tejo will teach in the spring.
- Each retreat will have selected assisting teachers.

FEES:

The cost of each retreat is £475
Room and Board will be additional

HOW TO APPLY:

There is a £25 nonrefundable application fee. For an application, please contact Pat and Helen at patandhelenadmin@googlemail.com or by phone at (44) 02072638895.

**Self is everywhere,
shining forth
from all beings,
vaster than the vast,
subtler than the most subtle.**

...

**As soon as you find it,
you are free;
you have found yourself;
you have solved the great riddle;
your heart forever is at peace.
Whole, you enter the Whole.
Your personal self returns
to its radiant, intimate,
deathless source.**

MUNDAKA UPANISHAD